



I feel

Trapped



I feel

Pessimistic



I feel

Confused



I feel

Sluggish



I feel

In danger



I feel

Angry



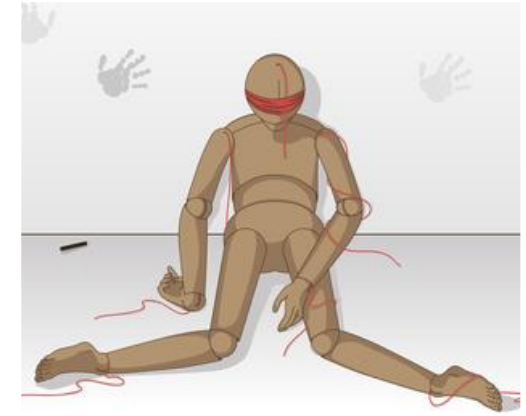
I feel

Abandoned



I feel

Scared



I feel

Like a puppet



I feel

Ashamed



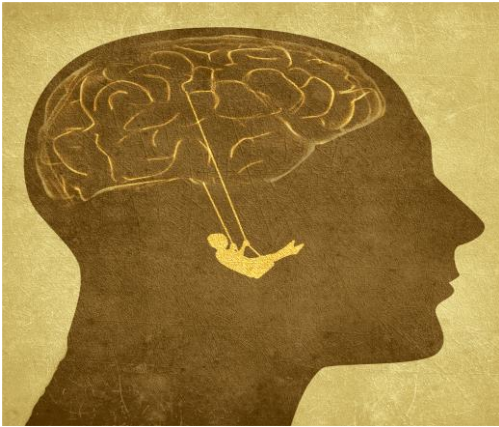
I feel

Powerless



I feel

Trapped



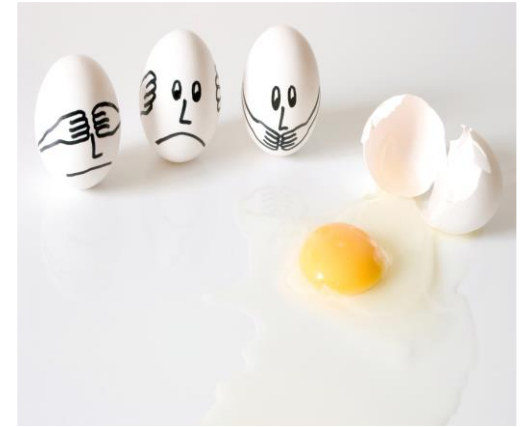
I feel

Bored



I feel

Helpless



I feel

Fragile



I feel

Embarrassed



I feel

Disgusted



I feel

Guilty



I feel

Unmotivated



I feel

Hyperactive



I feel

Overwhelmed



I feel

Calm



I feel

Panicked



I feel like

I'm not worthy



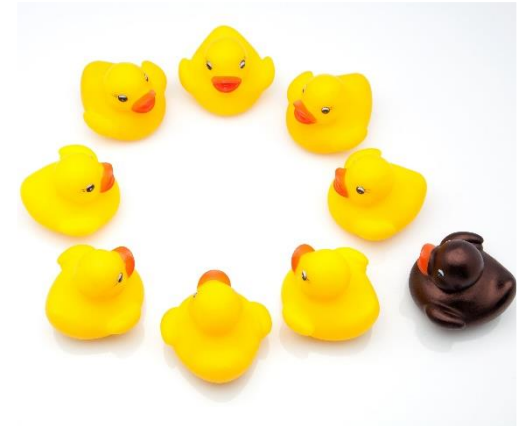
I feel

Empty



I feel like

I don't deserve to be loved



I feel like

I don't belong



I feel

Out of control



I feel

Invisible



I feel like

I don't exist



I feel

Secure



I feel

Comforted



I feel that

I enjoy



I feel

Sad



I feel

Content



I feel

Incapable

## Books related to these materials

