



I am in my world

I space out



It's the fault of...

I accuse



I can do it

I carry everything



Just in case

I am on alert



I won't let you see me

I hide



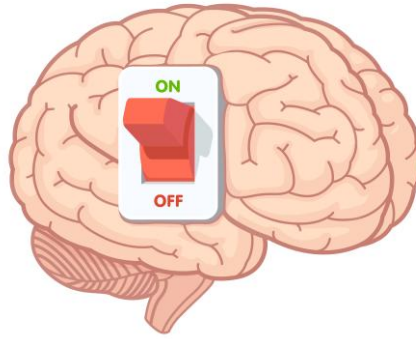
What if...

I am worried



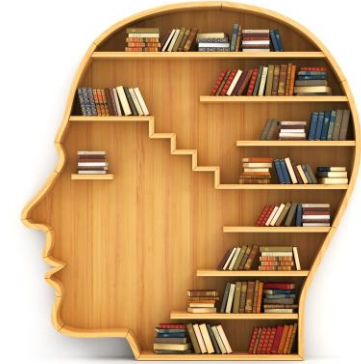
I fight

I am strong



I cannot

I disconnect



Has to fit

I rationalize



No exit

I close doors



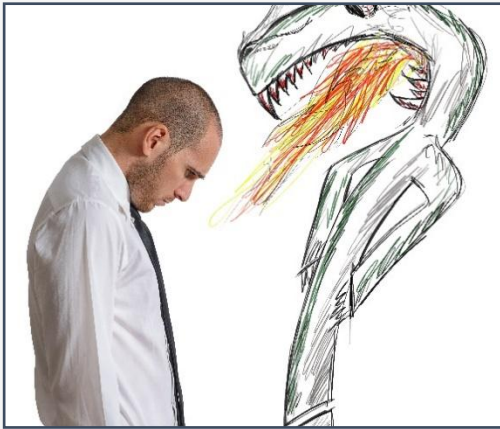
I don't want to change

I cling to the known evil



I live on my planet

I'm in the clouds



I don't want conflicts

I submit



I can't do it by myself

I get cling to others



I can't show myself

I lock up my feelings



Stay away

I won't let you in



If you order me to, I don't

I resist



Don't open that box

I don't want to remember



I'm convinced

I'm right



People are bad

I'm superior



Nobody does things

I'm essential



For everything that has happened

They owe it to me



Nothing is going to stop me

I can do everything



Everything is wrong

I complain



Everything is okay

I crush my emotions



I should...

I demand of myself



I can't feel this

I control what I feel



I do not want to look

I avoid



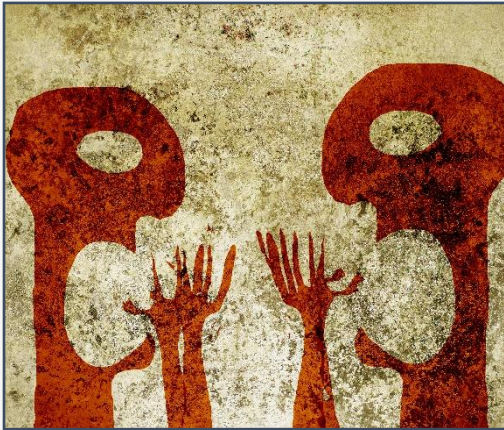
Although they do not
acknowledge it

I am better



It hurts so much

I anesthetize myself



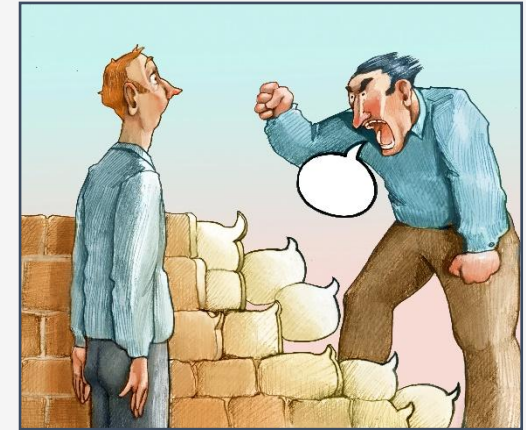
I can't stand injustice

I fight all the battles



I don't want to go out into the world

I keep/lock myself in



At a minimum

I attack



I quit

I just give up



That's what I know best

I look after



What do you want it to be?

I pretend



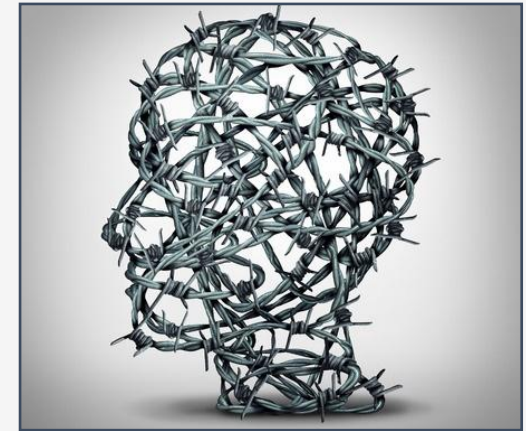
I spiral

I put myself down



I will not be a loser

I dominate



If I trust, you I be betrayed

I distrust



What I have (mine), what others have (other's)

I make comparisons



I drop my reins

My emotions overflow



They're the best

I idealise

Books related to these materials

